

Shopping List for Mommy and Little One Here's what you must have...

•• Shopping List

Use this list as a general guide to what you might need for your baby. Don't feel obligated to get everything!

| Baby Wear | Maternity & Breastfeeding |
|--|---|
| Button shirts (Long/Short Sleeves) Baby tight/Leggings Rompers (Short Sleeves) Sleeping rompers/Pajamas Baby Shoes Mitten & Booties Baby Socks Baby Beanie/caps Diapering Diapers Baby Wipes Nappy Rash Cream Baby Powder Changing mat Diaper Bag | Nursing Cover Breastfeeding Supplies like lanolin oitment, hot/cold gel packs and breast pads Maternity pads Breast Pump Pumping Supplies like breast milk storage bottles/ bag, a soft cooler bag and ice packs Lactation Supplements and Cookies Nursing/Feeding Pillow Stretch Mark Cream Nipple Cream Disposable Maternity Underwear Maternity Underwear Slimming Waist Band |
| Bottle Feeding Baby Bottle Baby Teats Bottle Brush Bottle Wash Bottle Warmer Sterilizer Handkerchief Bottle Drying Rack Sterilizer for Bottles Formula (if formula feeding) | Highchair Bowls Baby Spoons Sippy Cups Bibs Food Processor Food Warmer Equipment for Making Baby Food |



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| Sleeping | Bathing |
|---|---|
| Blankets Swaddle Nightlight Playpen/ Baby Cot Crib Sheets Waterproof Mattress Pad | Baby Bath Tub Baby Bath Net Hooded Baby Towels Wash Cloths Baby Body Wash and Shampoo Baby Lotion and Baby Oil |
| Nursery | Nappy Cream and Face Cream |
| Changing Table or Pad Crib and Mattress Health & Wellness First-aid Kit Bulb Syringe Digital Thermometer Baby Nail Scissors or Clippers Baby-Friendly Laundry Detergent Baby Soother | Safety Safety Gates Safety Home Kit (example: outlet covers for electrical outlets) Baby Monitor Toy/ Entertainment Musical Play Mat Baby Walker Books |
| Infant Swing or CradlePacifiersTeetherMusical Toys to Sooth Baby | Baby Gear Infant Carrier Car Seat Stroller Baby Carrier/Baby Wrap |