

•• Diaper Bag Checklist

Diaper bag is important especially when you are away from home even if it is only for 1 or 2 hours, and also depend's on where you are going.

For Baby

- Diapers
- Baby Wet Wipes
- Changing Pad
- Disposable Bag + Disposable Bag Dispenser
- Baby Bottle + Formula
(packed with milk storage bottle)
-if started with bottle-feeding
- Sippy Cup of Milk/ Water/ Juice
- Snack - Fruits/ Finger Food
(depending on the age of your child)
- Blanket/ Swaddle
- Pacifier
- Extra Clothing
- Nappy Rash Cream
- Baby Powder (small bottle)
- Mosquito Repellent
- Sunscreen
- Hand Sanitizer

For Mom

- Electrical Breastpump
- Nursing Cover
- Milk Storage Bag
- Cooler Bag + Ice Pack (to store breast milk)
- Breast Pads
- Tissues

For Dad

- Baby Carrier
- Stroller
- Car Seat
(make sure it has installed to the car)

Tips on Choosing Diaper Bag

- Waterproof
- Backpack
- Multiple Compartments

You may consider of having **TWO** diaper bags:

- Smaller Bag - for quick or short outing
- Bigger Bag - for further or long outing