

•• Hospital Bag Checklist

For Birth Plan Going - Home Outfit (romper) (if you have decided to do C-Section) Mittens & Booties/ A Pair Of Socks Dressing Gown Baby Beanie / Caps (we call it "sarong") Baby Swaddle Slippers Baby Swaddle Socks Infant Car Seat Hairband/ Hair Ties/ Hair Brush Infant Car Seat Toiletries Baby Wipes Music/ Books (to keep yourself entertained & relax) Baby Diapers Going -Home Outfit (long sleeves & long pants) Baby Oil Nursing Bra Small Sachet of Formula Milk (Recommend to breastfeed. Standby formula milk just in case) Maternity/ Disposable Panties Lip Balm (in case your lip get dry/cracked) Nipple Cream Maternity Pad Breastfeeding Pillow Towels, Hairbrush, Toothbrush and Toothpaste Breast milk Collectur Cup Breast milk Collectur Cup Red Date Drink or Other Confinement Drink Status Lip Satus Collectur Cup	For Mommy	For Baby
	 (if you have decided to do C-Section) Dressing Gown (we call it "sarong") Slippers Socks Hairband/ Hair Ties/ Hair Brush Toiletries Music/ Books (to keep yourself entertained & relax) Going-Home Outfit (long sleeves & long pants) Nursing Bra Breast Pad Maternity/ Disposable Panties Lip Balm (in case your lip get dry/or Nipple Cream Maternity Pad Breastfeeding Pillow Towels, Hairbrush, Toothbrush and Toothpaste Breast milk Collectur Cup 	Mittens & Booties/ A Pair Of Socks Baby Beanie / Caps Baby Swaddle Muslin Square Infant Car Seat Baby Handkerchief Baby Wipes Baby Diapers Baby Oil Small Sachet of Formula Milk (Recommend to breastfeed. Standby formula milk just in case)

For Daddy

**Gives full support to mommy and stay right next to her.

